

# Healing Relationships Using Emotional Freedom Technique

**Provider:** The Heart Institute

**Length:** 3 Weeks

**Website**

<http://heartinstitute.info/index.html>

**Program category(ies)**

Health Care occupations, training or industries

Participants learn techniques in Emotional Freedom Technique (EFT) which utilizes tapping on various reflex points to access the subconscious and allow emotions to surface and be dealt with in a productive manner.

**Related Occupations**

Health Diagnosing and Treating Practitioners, All Other

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June 30, 2014